

# Donate

All donations over \$2 are tax deductible. Help us assist people with disabilities in emergency situations by visiting our website: [www.121care.org.au](http://www.121care.org.au) and making a donation through our secure payment channel.

*Caring attitude, reliable excellence.*



## Contact us

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*Proudly empowering people with disabilities since 1992.*



empowering people  
with disability



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*The biggest benefits with 121 Care are choosing my own carers (I have a fantastic team); the flexibility to run my own roster and organise my shifts with my carers has been awesome. The office staff are very respectful and helpful when I need something. I never feel like I'm a number, but a person which matters to me a lot.*

**Casey, client since 2013.**

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## Your life. Your choice.

We are here to assist you take control of your support needs, so you can live independently and get the most out of what life has to offer.



## About us

Once upon a time, a small group of people with disabilities joined together with a vision for an organisation that would provide the daily supports needed so they could live an independent life.

In 1992, 121 Care, an accredited not-for-profit commenced and in the years since, we have embraced that vision and turned it into a range of support services for people living with disabilities across south-east Queensland including:

- Personal support
- Overnight support
- In-home assistance
- Meal preparation
- Transportation
- Holiday support
- Access to community and social services

121 Care is also an accredited NDIS service provider providing support with:

- Personal activities
- Life stage transition
- Community participation
- Support coordination
- Accommodation (24/7)



## Our clients

We provide support for a range of disabilities including:

- Spinal injuries
- Acquired brain injuries
- Cerebral palsy
- Muscular degeneration
- Stroke
- Intellectual disabilities
- Other conditions (on assessment)

## Our staff

Our team of dedicated and experienced staff are selected through a thorough vetting process. Each holds a yellow card, First Aid and CPR certificates. They are trained to give medication, manual handling and workplace health and safety as well as specific training to meet the needs of our clients.

## Your life, your choice

You get to select the person you want supporting you. You also get to decide the length of your shifts, and what level of support you want them to provide, meaning you get to live life on your terms.

## Transportation

Our services also include access to transport to get you to appointments, shopping, meetings as well as social gatherings. Our vehicles are equipped to cater for clients in wheelchairs as well as seats for their family or carers.

Transportation is also available for booking for holiday makers.

## Holiday support

You can access a list of suitable holiday accommodation on the Sunshine Coast with accessible amenities including information to local attractions and activities on our Website.

During your vacation, should you require personal support, contact us ahead of time and we will make those arrangements for you.

We can also refer you to where you can hire:

- Hoists
- Beach wheelchairs
- Manual and electric wheelchairs
- Others – upon request